



The Holy See

APOSTOLIC JOURNEY OF HIS HOLINESS POPE FRANCIS
TO SRI LANKA AND THE PHILIPPINES
(12-19 JANUARY 2015)

MEETING WITH FAMILIES

ADDRESS OF HIS HOLINESS POPE FRANCIS

Mall of Asia Arena, Manila
Friday, 16 January 2015

[Multimedia]

Dear Families,
Dear Friends in Christ,

I am grateful for your presence here this evening and for the witness of your love for Jesus and his Church. I thank Bishop Reyes, Chairman of the Bishops' Commission on Family and Life, for his words of welcome on your behalf. And, in a special way, I thank those who have presented testimonies – thank you! – and who have shared their life of faith with us. The Church in the Philippines is blessed by the apostolate of numerous family movements and I thank them for their witness!

The Scriptures seldom speak of Saint Joseph, but when they do, we often find him resting, as an angel reveals God's will to him in his dreams. In the Gospel passage we have just heard, we find Joseph resting not once, but twice. This evening I would like to rest in the Lord with all of you. I need to rest in the Lord with families, and to remember my own family: my father, my mother, my grandfather, my grandmother... Today I am resting with you, and together with you I would like to reflect on the gift of the family.

First, however, let me say something about dreams. But my English is so poor! If you allow me, I

will ask Monsignor Miles to translate and I will speak in Spanish.

I am very fond of dreams in families. For nine months every mother and father dream about their baby. Am I right? [Yes!] They dream about what kind of child he or she will be... You can't have a family without dreams. Once a family loses the ability to dream, children do not grow, love does not grow, life shrivels up and dies. So I ask you each evening, when you make your examination of conscience, to also ask yourselves this question: Today did I dream about my children's future? Today did I dream about the love of my husband, my wife? Did I dream about my parents and grandparents who have gone before me? Dreaming is very important. Especially dreaming in families. Do not lose this ability to dream!

How many difficulties in married life are resolved when we leave room for dreaming, when we stop a moment to think of our spouse, and we dream about the goodness present in the good things all around us. So it is very important to reclaim love by what we do each day. Do not ever stop being newlyweds!

Joseph's rest revealed God's will to him. In this moment of rest in the Lord, as we pause from our many daily obligations and activities, God is also speaking to us. He speaks to us in the reading we have just heard, in our prayer and witness, and in the quiet of our hearts. Let us reflect on what the Lord is saying to us, especially in this evening's Gospel. There are three aspects of this passage which I would ask you to consider: First, *resting in the Lord*. Second, *rising with Jesus and Mary*. Third, *being a prophetic voice*.

Resting in the Lord. Rest is so necessary for the health of our minds and bodies, and often so difficult to achieve due to the many demands placed on us. But rest is also essential for our spiritual health, so that we can hear God's voice and understand what he asks of us. Joseph was chosen by God to be the foster father of Jesus and the husband of Mary. As Christians, you too are called, like Joseph, to make a home for Jesus. To make a home for Jesus! You make a home for him in your hearts, your families, your parishes and your communities.

To hear and accept God's call, to make a home for Jesus, you must be able to rest in the Lord. You must make time each day to rest in the Lord, to pray. To pray is to rest in the Lord. But you may say to me: Holy Father, I know that; I want to pray, but there is so much work to do! I must care for my children; I have chores in the home; I am too tired even to sleep well. I know. This may be true, but if we do not pray, we will not know the most important thing of all: God's will for us. And for all our activity, our busy-ness, without prayer we will accomplish very little.

Resting in prayer is especially important for families. It is in the family that we first learn how to pray. Don't forget: the family that prays together stays together! This is important. There we come to know God, to grow into men and women of faith, to see ourselves as members of God's greater family, the Church. In the family we learn how to love, to forgive, to be generous and open, not

closed and selfish. We learn to move beyond our own needs, to encounter others and share our lives with them. That is why it is so important to pray as a family! So important! That is why families are so important in God's plan for the Church! To rest in the Lord is to pray. To pray together as a family.

I would also like to tell you something very personal. I have great love for Saint Joseph, because he is a man of silence and strength. On my table I have an image of Saint Joseph sleeping. Even when he is asleep, he is taking care of the Church! Yes! We know that he can do that. So when I have a problem, a difficulty, I write a little note and I put it underneath Saint Joseph, so that he can dream about it! In other words I tell him: pray for this problem!

Next, *rising with Jesus and Mary*. Those precious moments of repose, of resting with the Lord in prayer, are moments we might wish to prolong. But like Saint Joseph, once we have heard God's voice, we must rise from our slumber; we must get up and act (cf. *Rom 13:11*). In our families, we have to get up and act! Faith does not remove us from the world, but draws us more deeply into it. This is very important! We have to be deeply engaged with the world, but with the power of prayer. Each of us, in fact, has a special role in preparing for the coming of God's kingdom in our world.

Just as the gift of the Holy Family was entrusted to Saint Joseph, so the gift of the family and its place in God's plan is entrusted to us. Like Saint Joseph. The gift of the Holy Family was entrusted to Saint Joseph so that he could care for it. Each of you, each of us – for I too am part of a family – is charged with caring for God's plan. The angel of the Lord revealed to Joseph the dangers which threatened Jesus and Mary, forcing them to flee to Egypt and then to settle in Nazareth. So too, in our time, God calls upon us to recognize the dangers threatening our own families and to protect them from harm.

Let us be on guard against colonization by new ideologies. There are forms of ideological colonization which are out to destroy the family. They are not born of dreams, of prayers, of closeness to God or the mission which God gave us; they come from without, and for that reason I am saying that they are forms of colonization. Let's not lose the freedom of the mission which God has given us, the mission of the family. Just as our peoples, at a certain moment of their history, were mature enough to say "no" to all forms of political colonization, so too in our families we need to be very wise, very shrewd, very strong, in order to say "no" to all attempts at an ideological colonization of our families. We need to ask Saint Joseph, the friend of the angel, to send us the inspiration to know when we can say "yes" and when we have to say "no".

The pressures on family life today are many. Here in the Philippines, countless families are still suffering from the effects of natural disasters. The economic situation has caused families to be separated by migration and the search for employment, and financial problems strain many households. While all too many people live in dire poverty, others are caught up in materialism and lifestyles which are destructive of family life and the most basic demands of Christian morality.

These are forms of ideological colonization. The family is also threatened by growing efforts on the part of some to redefine the very institution of marriage, by relativism, by the culture of the ephemeral, by a lack of openness to life.

I think of Blessed [Paul VI](#). At a time when the problem of population growth was being raised, he had the courage to defend openness to life in families. He knew the difficulties that are there in every family, and so in his [Encyclical](#) he was very merciful towards particular cases, and he asked confessors to be very merciful and understanding in dealing with particular cases. But he also had a broader vision: he looked at the peoples of the earth and he saw this threat of families being destroyed for lack of children. Paul VI was courageous; he was a good pastor and he warned his flock of the wolves who were coming. From his place in heaven, may he bless this evening!

Our world needs good and strong families to overcome these threats! The Philippines needs holy and loving families to protect the beauty and truth of the family in God's plan and to be a support and example for other families. Every threat to the family is a threat to society itself. The future of humanity, as Saint [John Paul II](#) often said, passes through the family (cf. [Familiaris Consortio](#), 85). The future passes through the family. So protect your families! Protect your families! See in them your country's greatest treasure and nourish them always by prayer and the grace of the sacraments. Families will always have their trials, but may you never add to them! Instead, be living examples of love, forgiveness and care. Be sanctuaries of respect for life, proclaiming the sacredness of every human life from conception to natural death. What a gift this would be to society, if every Christian family lived fully its noble vocation! So rise with Jesus and Mary, and set out on the path the Lord traces for each of you.

Finally, the Gospel we have heard reminds us of our Christian duty to be *prophetic voices* in the midst of our communities. Joseph listened to the angel of the Lord and responded to God's call to care for Jesus and Mary. In this way he played his part in God's plan, and became a blessing not only for the Holy Family, but a blessing for all of humanity. With Mary, Joseph served as a model for the boy Jesus as he grew in wisdom, age and grace (cf. *Lk* 2:52). When families bring children into the world, train them in faith and sound values, and teach them to contribute to society, they become a blessing in our world. Families can become a blessing for all of humanity! God's love becomes present and active by the way we love and by the good works that we do. We extend Christ's kingdom in this world. And in doing this, we prove faithful to the prophetic mission which we have received in baptism.

During this year which your bishops have set aside as the *Year of the Poor*, I would ask you, as families, to be especially mindful of our call to be missionary disciples of Jesus. This means being ready to go beyond your homes and to care for our brothers and sisters who are most in need. I ask you especially to show concern for those who do not have a family of their own, in particular those who are elderly and children without parents. Never let them feel isolated, alone and abandoned, but help them to know that God has not forgotten them. Today I was very moved

when, after Mass, I visited a home for children without families. How many people work in the Church to make that home a family! This is what it means, in a prophetic sense, to build a family.

You may be poor yourselves in material ways, but you have an abundance of gifts to offer when you offer Christ and the community of his Church. Do not hide your faith, do not hide Jesus, but carry him into the world and offer the witness of your family life!

Dear friends in Christ, know that I pray for you always! I pray for families! I do! I pray that the Lord may continue to deepen your love for him, and that this love may manifest itself in your love for one another and for the Church. Do not forget Jesus who sleeps! Do not forget Saint Joseph who sleeps! Jesus slept with the protection of Joseph. Do not forget: families find their rest in prayer. Don not forget to pray for families. Pray often and take the fruits of your prayer into the world, that all may know Jesus Christ and his merciful love. Please pray also for me, for I truly need your prayers and will depend on them always! Thank you very much!